

NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION

THE NATION'S PUBLIC-PRIVATE PARTNERSHIP

SUICIDE PREVENTION— Changing the Workplace Culture

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The Nation's Public-Private Partnership

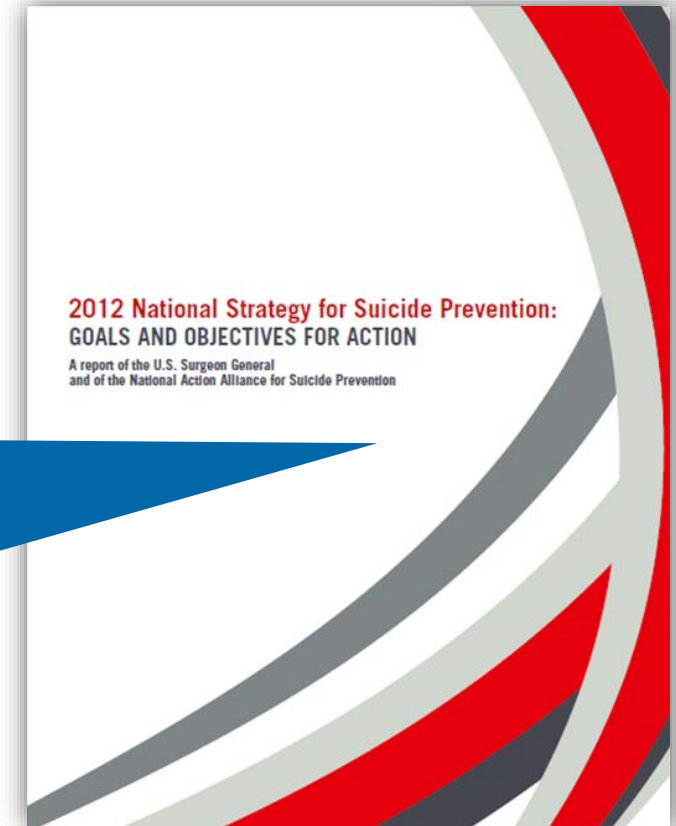
Bringing together influential public and private sector leaders (representing automobile, construction, defense, education, entertainment, faith, forestry, health, insurance, justice, law enforcement, mental health, military, news media, sports, railroad, technology, and veteran services) **to advance the *National Strategy for Suicide Prevention*.**

Our Strategy

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We are committed to advancing the *National Strategy for Suicide Prevention*—

“ Many different groups and settings at the local, regional, and national levels—including workplaces—can play a role in advancing particular objectives.”



➤ SUICIDE: THE FACTS

Understanding Suicide

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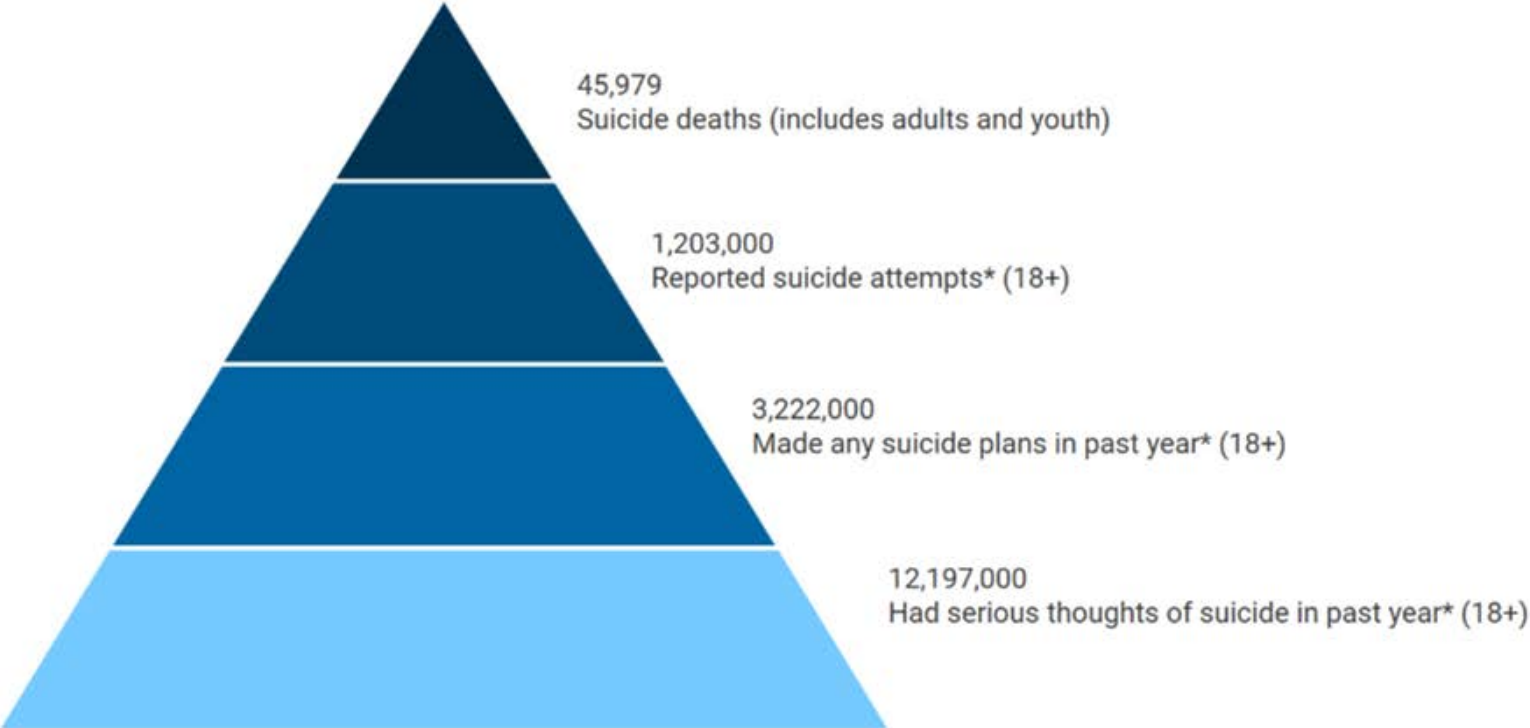
Suicide is a major public health issue and the 10th leading cause of death in the U.S.



Many factors contribute to suicide among those with and without mental health conditions.

Source: Centers for Disease Control and Prevention, 2018

Suicidal Behavior, United States 2020

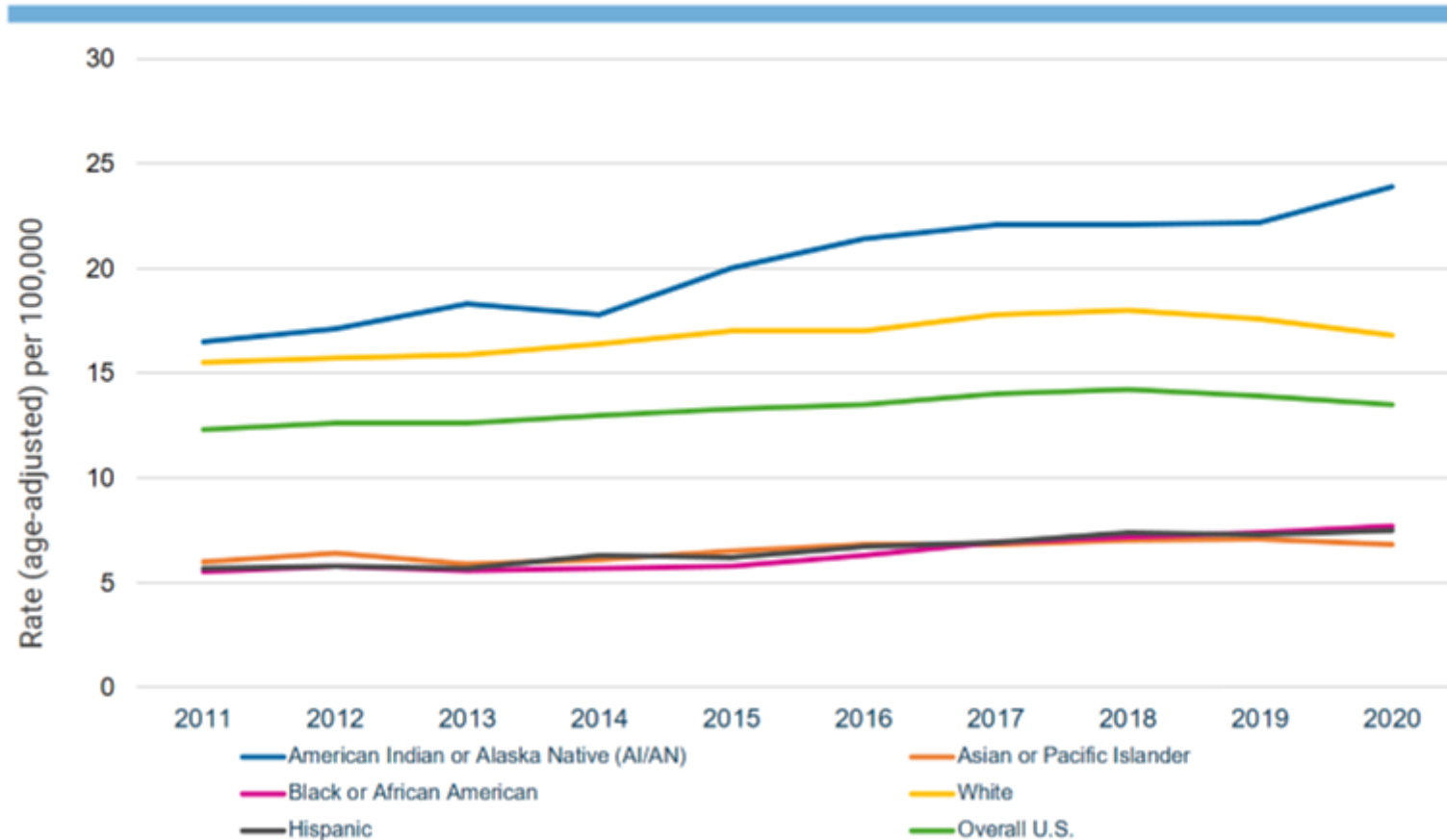


*Self-report

www.sprc.org

Source: CDC, 2021; SAMHSA, 2021

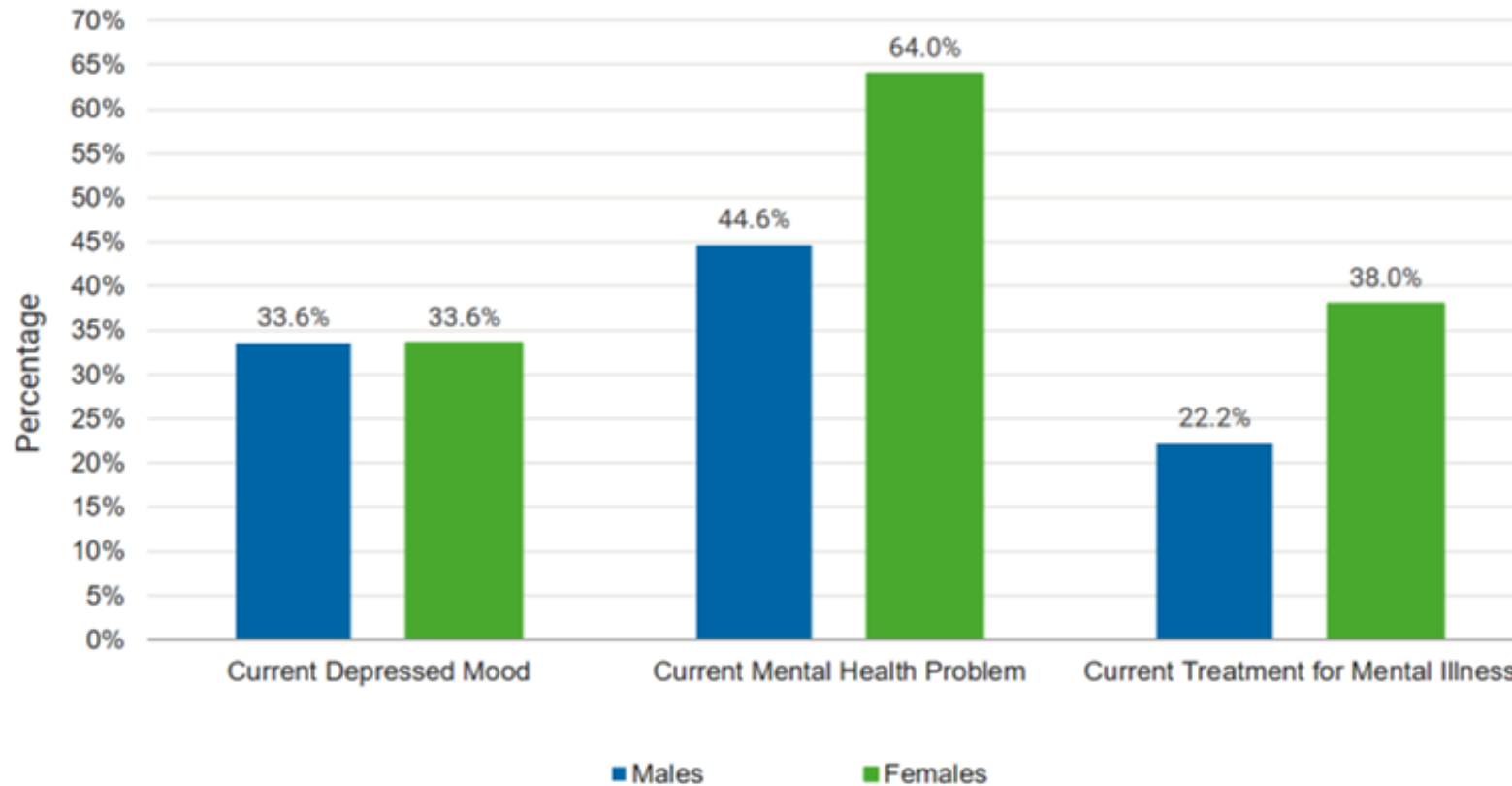
Rates of Suicide by Race/Ethnicity, United States 2011-2020



www.sprc.org

Source: CDC, 2021

Current Mental Health Status for Suicide Decedents in 46 U.S. States by Gender, 2019



www.sprc.org

Source: CDC, 2021

Costs of Suicide



The average cost of one suicide was **\$1,329,553.**



More than **97 percent of this cost was due to lost productivity.** The remaining 3 percent were costs associated with medical treatment.



The total cost of suicides and suicide attempts was **\$93.5 billion.**





➤ **SUICIDE PREVENTION IN THE
WORKPLACE**

Why Address Suicide Prevention

- Workers are an employer's most valuable asset.
- Creating a culture of health and safety is both humane and good for business.
- Good mental and physical health can help enhance workforce productivity.

“Take care of your employees, and they’ll take care of your business. It’s as simple as that. Healthy, engaged employees are your top competitive advantage.”

- *Richard Branson*

Workplace Suicide Prevention



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To change workplace culture,
suicide prevention **MUST** be:

- Comprehensive
- Integrated

Getting started

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- Build a work environment that fosters communication, a sense of belonging and connectedness, and respect.
- Consider how mental wellness and suicide prevention and help seeking fits into your organizational priorities and culture
- Assess organizational stressors and strengths, benefits, policies around mental health crisis and return to work, and existing employee supports and services.
- Consider what a comprehensive approach in your organization would look like- identify key gaps to address and continue to build from there.



Resources

➤ National Action Alliance for Suicide Prevention

<https://theactionalliance.org>

➤ National Guidelines for Workplace Suicide Prevention

<https://workplacesuicideprevention.com>

References

- Peterson C, Stone DM, Marsh SM, et al. Suicide Rates by Major Occupational Group — 17 States, 2012 and 2015. MMWR Morb Mortal Wkly Rep 2018;67:1253–1260. DOI: <http://dx.doi.org/10.15585/mmwr.mm6745a1external>
- Reginald Harris, “Suicide in the workplace,” Monthly Labor Review, December 2016. <https://www.sprc.org/sites/default/files/resource-program/suicide-in-the-workplace%20%28003%29.pdf>
- Carson J Spencer Foundation, Crisis Care Network, National Action Alliance for Suicide Prevention and American Association of Suicidology (2013). A Manager’s Guide to Suicide Postvention in the Workplace: 10 Action Steps for Dealing with the Aftermath of Suicide. Denver, CO: Carson J Spencer Foundation. <https://theactionalliance.org/sites/default/files/managers-guidebook-to-suicide-postvention-web.pdf>
- National Action Alliance for Suicide Prevention (2012). Comprehensive Blueprint for Workplace Suicide Prevention. <https://theactionalliance.org/communities/workplace/blueprintforworkplacesuicideprevention>

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